

**HAWAII BALLROOM DANCE ASSOCIATION**

*Where Dancing Begins...*

**4<sup>rd</sup> Quarter 2009-2010 (Jan. - Mar. 2010)**

**TANGO – American Style**

1. TANGO WALKS
2. CIRCULAR WALKS
3. PROMENADE TURNING LEFT
4. REVERSE TURN
5. SINGLE CORTE
6. PROMENADE TO OPEN FAN
7. DOUBLE CORTE
8. PROMENADE PIVOT RIGHT TURN
9. REVERSE TURN WITH OUTSIDE SWIVEL



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**BOLERO – American Style**

**Apply (CBM) COUNTER BODY MOVEMENT**

1. BASIC MOVEMENT  
TURNING MOVEMENT
2. TURNING MOVEMENT, UNDER ARM PASS
3. TURNING MOVEMENT, LEFT SIDE PASS, CROSS-OVER BREAK  
DOUBLE UNDER ARM
4. TURNING MOVEMENT, CHECK AND CIRCULAR WALK
5. ROMANTIC SWAYS
6. CHECKED UNDER ARM PASS



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**WEST COAST SWING – American Style**

**1. BASIC STEPS**

**2. THROW OUT TO ANCHOR STEP**

**3. UNDER ARM TURN**

*(CHANGE OF PLACES)*



**4. LEFT SIDE PASS**

**5. RIGHT SIDE PASS**

**6. SUGAR PUSH**

**7. TUCK IN WITH LEFT SIDE PASS**

**8. TUCK IN WITH RIGHT SIDE PASS**

**9. HALF WHIP THROW OUT**